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New Fall 2009 Awards



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Erika Jahn (BA '08), U of L graduate
Currently pursuing graduate studies at
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Celebrity Pg 16

Latest on John and Jen



NFL

Super Bowl XLIII

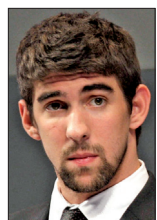
- Calgarians partake in festivities, page 3
- Marty York breaks down the game, page 12
- Halftime show, page 13
- Exclusive blogs at metro news.ca



Was Phelps training for half-pipe?

APOLOGY Record-breaking U.S. Olympic swimmer Michael Phelps issued an apology yesterday after a British newspaper published a photograph purportedly showing him smoking marijuana from a glass pipe.

"I engaged in behaviour which was regrettable and demonstrated bad judgment," Phelps, the winner of a record eight gold medals at the Beijing Olympics



last year, said in a statement after the News of the World published the photograph.

U.S. officials said the news was disappointing but stressed that smoking marijuana out of competition was not an anti-doping matter at this point.

"Obviously it is very disappointing and a terrible decision by Michael," U.S. Anti-Doping Agency chief executive Travis Tygart told Reuters in a telephone interview. "To a certain extent, he let down the world."

But Tygart added: "Marijuana, right or wrong, is not prohibited out of competition. Obviously, if he showed up at an event and tested positive we would take full action against him."

REUTERS

Football Super Steelers



Pittsburgh Steelers' Santonio Holmes celebrates after catching the game-winning touchdown late in the fourth quarter during last night's Super Bowl. Pittsburgh beat the Arizona Cardinals 27-23 to win Super Bowl XLIII in Tampa, Fla. Story, page 12.

Surplus projected

City forecasts \$2 million extra for 2009; called 'bittersweet'

ALICIA FOX
for Metro Calgary

While automakers and executive firms alike run themselves into the red, the City of Calgary is looking at a surplus.

Projecting a \$2-million surplus in operating expenses for 2009 means the city has stayed well within its budget, but Ald. Ric McIver said it may also add up to overtaxation.

"I think this is one of those times that you have to try and be sensitive to the people that we work for," McIver said, calling the surplus "bittersweet."

"The money should go back to Calgarians in the

form of a lower tax rate for 2009, but council hasn't had much of an appetite for that," he said. The money will be put away in reserves, but just what rainy day fund it will be appropriated to has yet to be determined.

Ald. Andre Chabot said while it "certainly takes money to run a city," some of the increases, such as parking, weren't necessary.

Aside from the recent hikes affecting Calgarians, Chabot believes some of the extra cash came from the staffing shortages, particularly in human resources, the city saw last year.

"We should be cautious about adding staff to those areas," he said, adding "it's not like the city came to a standstill" without the positions filled.

McIver suggested that maintaining the vacancies would be an idea to consider. "That's some of the attitude changes we need to see if we're going to control the tax increases in the future," he said.

Calgarian Steve Cushman said he hopes the city uses the funds well.

"Put it away and use it wisely in the future," he said. "We're in for tough times in the city."



Ric McIver

Hikes

In 2009, the following hikes have affected Calgarians:

- An average of 5.3 per cent hike in property taxes;
- Transit fares, including an adult monthly pass up to \$83 from \$75;
- 25 per cent increase in parking rates.

Overall, he feels the city has been using its money well, aside from things like the infamous pedestrian bridges, but said it would be difficult to try to give the money back to Calgarians since it would take forever to decide where it would go.

High hopes for new health CEO

JENNIFER MILLIKEN
for Metro Calgary

Shannon Dunsmuir says we're lucky to get an Aussie as CEO of Alberta Health Services.

She's a born and raised Calgarian living in Queensland, the Australian state Stephen Duckett has worked his magic in since he was hired to fix the health system in 2006.

"When I broke my finger (in Australia) last year, I was in and out of the hospital in less than 40 minutes, X-rays and all," Dunsmuir said. "I had the same injury in Calgary and the hospital process took hours. It's a good thing an Australian is coming to handle things. Heck, I might even think about moving back now."

In the time Duckett was chief executive of the Centre for Healthcare Improvement for Queensland Health, patients waiting longer than clinically desirable for surgery have decreased by 17.6 per cent, according to Queensland Health documents.

Bed capacity has also increased in Queensland hospitals by six per cent.

"His key strengths in change management will lead us in our quest to provide a patient-focused health system for all Albertans," said Alberta Health Services Board chair Ken Hughes.

Added Ron Liepert, Alberta's minister of Health and Wellness: "Albertans will have high expectations of the new CEO, who I am confident will bring new ideas."

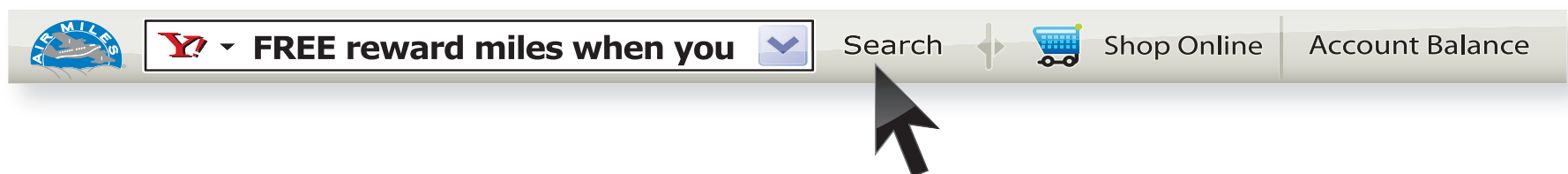
Local pg 4

Feeling the Latin heat in Calgary

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Help for mortgage owners online

A new website was launched to help serve mortgage customers in Calgary on Friday. First Foundation Residential Mortgages officially launched the website to help Calgary buyers manage their mortgage needs. **METRO CALGARY**

3

Local



Get Caught Reading

Get Caught Reading kicks off tomorrow. Every Tuesday in February, Calgarians caught with a book in their hands at transit stops will win scarves and bookmarks with ballots for other prizes. Ballots are also available at branches. Celebrate the launch during a free concert at the Central Library this Friday at 7 p.m.

METRO CALGARY

The BACHELOR

9 Tonight

Citytv

ROGERS™**News in brief**

ACTIVISM Environmental activists gathered in Calgary last weekend to educate citizens on how to become active themselves. "We can't let the planet continue to die," said Greenpeace member Denise Ogonoski. The coalition of environmental groups held workshops telling about 35 people — some travelling hours to attend — about non-violent action, and how to get their message across to the media or organize a campaign. **METRO CALGARY**

metronews.ca**WHAT'S ONLINE TODAY**

Video The body of the latest soldier killed in Afghanistan begins the journey home at metronews.ca/canada

Video Ignatieff feels the love from a glowing New York Times profile at metronews.ca/canada

Lotteries

Friday, Jan. 30

Super 7: 03, 15, 28, 30, 32, 33 & 43 Bonus 25

Saturday, Jan. 31

Lotto 6/49: 14, 15, 20, 28, 34 & 39 Bonus 41

These results are not official.

Super party for super game

JENNIFER HILLIKER
for Metro Calgary

Waitresses in little red skirts doled out free Budweiser to the patrons of Shawnessy's Boston Pizza, so by the time Jennifer Hudson belted out The Star-Spangled Banner it was standing-room only during yesterday's Super Bowl 43.

A maximum-capacity crowd of about 160 gathered at the popular two-level lounge to partake in the festivities funded by the \$10,000 Budweiser prize awarded to the restaurant for getting the most votes in town.

"This is by far the best party in Calgary for the Super Bowl," said Greg MacIsaac. "Everyone is in good spirits, no matter who wins or loses. It's really loud right now but it's only going to get louder."

Despite the mostly male attendance, some of the loudest fans at the party were female.

"Beer, pizza, ice cream,

ROBIN KUNISKI/FOR METRO CALGARY



Lone Cardinals fan Joe Petrone is outnumbered by Steelers fans Johnathan Murray, Rob Deltomba, and Joey Griffin while they celebrated the game yesterday afternoon at Boston Pizza in Shawnessy.

football ... these are the ways to a girl's heart, my friend," said Lisa Reinhardt.

Activities included outdoor Sumo wrestling, free-flowing beer and prizes given out every quarter, including Wii, Xbox and PS3 gaming systems, a 52" LCD television

NFL

Super Bowl XLIII

and Marble Slab cakes.

"It's a good place to go absolutely nuts," said Johnathan Murray. He was

rooting for the Pittsburgh Steelers, and although he prefers hockey, he still loves to watch the Super Bowl every year.

"I've got four cases of beer riding on this game," he said. "My friends are definitely going to pay up right away."

Committee to view soccer turf report

SPORT Calgary may soon be able to host regional, national and international soccer tournaments pending approval from city council.

On Wednesday the Community and Protective Services committee will look over a plan encouraging the completion of artificial turf fields that will enable a higher class of competition. They will decide whether or not to pass that plan to city council.

"It will definitely improve our capacity to provide a great soccer experience for kids," said Ald. Bob Hawkesworth. "It would go a long way in the city being able to sponsor tournaments. Certainly it would make Calgary a much more desirable place in hosting tournaments than we are now."

The Calgary Sport Council, who prepared the report, hope the artificial turf fields will be added to existing sites in Glenmore, Optimist, Forest Lawn, Southland and Foothills athletic parks.

JENNIFER HILLIKER
/FOR METRO CALGARY

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Default power rate rising 8.2%

POWER Calgarians will see an 8.2 per cent increase in the default electricity rate for the month of February, according to Enmax.

Effective Feb. 1, Calgarians will pay 11.25 cents per kilowatt hour as compared to last month's rate of 10.24 cents.

This only affects those on the regulated default rate, while those locked into fixed-price plans will not see fluctuations.

For more information, visit ucahelps.gov.ab.ca.

METRO CALGARY

News in brief

ANIMALS Another stingray at the Calgary Zoo has died, this one from a shipment of 10 that just arrived in December. Zoo officials say a parasite that arrived with the new stingrays was to blame for the death, while the other stingrays are being treated. "They came in with parasites called flukes; they're very common and quite ordinary. It's like a dog having worms," zoo spokesperson Laurie Herron said. Last year, 42 of the zoo's stingrays died mysteriously.

METRO CALGARY

Salsa convention heats up

JENNIFER HILLIKER
for Metro Calgary

About 1,500 Calgarians didn't have to fly to Cuba to feel the Latin heat this weekend.

Instead they went to the Calgary International Salsa Congress at the Hyatt Regency Hotel, where many took classes taught by world-class instructors by day and watched professionals by night, then took part in a dance party until 2:30 in the morning.

"The flavour of salsa is incredible," said instructor and performer José Santamaría.

"When you connect with someone on the dance floor, you get a mix of so many different emotions, it's intense. You really cannot describe it."

Suzu Brisbin attended the congress all weekend. She owns Shimmy Dance Productions in Calgary.

"This totally brings the dance community together," Brisbin said. "You get to meet new people, learn new techniques and have fun. People from all of the



ROBIN KINISKO / FOR METRO CALGARY

Donna Hallatt practises some salsa dance moves at the Calgary International Salsa Congress, held at the Hyatt Regency over the weekend.

dance schools come here, not to compete but to learn and to work together. It's really unique in that way."

Managing director Eric Gooden said that not only does it bring Calgary's dance community together,

it's a great place to learn from the pros.

"The best part about this weekend is the small-world community feel that salsa has," Gooden said. "It's a really cool place to be able to connect with international dancers and

share in their passion for dance."

The highlight of the weekend was a qualifying competition for the ESPN World Salsa Championships that will be held at Disney World later this year.

Sign-up opens for ACAD's high school program

EDUCATION Registration is now open for the Alberta College of Art and Design's pre-college program, which allows high school students to take college courses.

ACAD is one of the only schools in Canada to offer the program to students aged 16 to 18. The program runs July 6 to 31.

"If you're interested in going into college — any college, it doesn't matter — it'll help you," said Marcel Dusablon-Gougeon, who participated in the program in 2006. "They really tell you what the school is looking for in a portfolio, what you should focus on, and what you should stay away from."

Bonnie Murdoch, director of extended studies, describes the program as 20 intense days of full-time studies. "They learn what it's like to actually perform at a college level. So when they enter ACAD, they have already completed a first-year studies course," she said.

JENNIFER HILLIKER/
FOR METRO CALGARY

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A 51-year-old Winnipeg man who ran into trouble Saturday while snowmobiling on Lake Winnipeg died after being stranded on the frozen water for six hours while his two children left to find help. **CBC NEWS ONLINE**

Canada



Conrad Black could remain a lord

Conrad Black may be able to keep his membership in the House of Lords, even under new rules that would have British peers with criminal convictions ousted. Having to say he is sorry would be the worst punishment he could face in the House of Lords, since under the current rules peers are appointed for life and cannot be kicked out or forced to resign. Black is serving a 6½-year sentence for fraud and obstruction of justice.

TORSTAR NEWS SERVICE

Muslim woman ordered to unveil face

A judge has ordered a Toronto woman to testify without her niqab at a sexual assault trial — raising the thorny issue of whether Muslim women should be allowed to appear as witnesses wearing a veil that covers everything but the eyes.

The issue is a collision of two rights, pitting religious freedom against the

right of a defendant to face an accuser in open court.

The case could be precedent setting because it doesn't appear there is any Canadian case law addressing the question of Muslim women in the Canadian courtroom.

In Canada, home to about 580,000 Muslims, the case will be closely watched, amid fears about

U.K. decision

• In the United Kingdom, a panel of judges drafted guidelines in 2007 that said Muslim women should be permitted to wear the niqab, as long as it

does not interfere with the administration of justice, according to the Equal Treatment Advisory Committee of Britain's Judicial Studies Board.

Muslim women coming forward in criminal cases.

In October, Ontario Court Justice Norris Weis-

man reached his "admittedly difficult decision" to force the complainant to testify with her face bared

after finding "the complainant's religious belief is not that strong ... and that it is, as she says, a matter of comfort," he wrote in his Oct. 16 ruling.

Lawyer David Butt is representing the woman and next month in Superior Court will argue that the ruling should be overturned.

TORSTAR NEWS SERVICE

Roadside bomb claims another soldier

AFGHANISTAN Sapper Sean Greenfield was remembered yesterday after his armoured vehicle struck a roadside bomb in the tumultuous western reaches of Kandahar province on Saturday.

He is the 11th Canadian soldier to die since December, all of them in roadside bomb attacks.



Sapper Sean Greenfield

Greenfield was a member of 24 Field Engineer Squadron, 2 Combat Engineer Regiment based in Petawawa, Ont.

The Taliban did not claim responsibility for the attack and said roadside bombs have been showing up in Kandahar that are not its own.

Canadian military command claim the number of bombs they find outweighs the number of attacks.

METRO NEWS SERVICES

Nova Scotian mom pleads guilty to murder

RACHEL BOOMER
rachel.boomer@metronews.ca

CRIME Vernon Macumber gave his girlfriend an ultimatum: Pick me, or your daughter. Everyone knows who Penny Boudreau chose.

That's why the Bridgewater, N.S., mom strangled 12-year-old Karissa with a length of twine from her trunk last Jan. 27 — then claimed she was missing, and made tearful public pleas for her return.

On Friday, the 34-year-old admitted to second-degree murder, and got a life sentence for the unimaginable crime.

"Boudreau said she would do anything for Vernon and the thought of losing him was harder than the thought of losing her daughter," read an agreed statement of facts.



"Mommy, don't."

Karissa Boudreau's last words

Boudreau cried and apologized in Bridgewater court Friday.

But her desire to avoid getting caught, not her guilt, was her undoing. Undercover officers posed as crime bosses, claiming they could destroy any evidence as long as she told them what she had done. Boudreau had been thinking about killing her daughter for days. On Jan. 27, 2008, she took Karissa on a long drive; they argued, and she left the girl, alive,

in the car while she went into a local Sobeys. Boudreau called Macumber and told him Karissa had gone missing. Then she came back to the car, grabbed twine from the trunk, drove to a secluded spot, and killed her.

Karissa's last, frightened words: "Mommy, don't."

Boudreau's parole eligibility was set at 20 years.

Windsurfing Not summer yet



It was not quite balmy weather, but one Toronto man got an early start on summer yesterday by getting in some windsurfing on a frozen Lake Ontario. The groundhog will tell us today how quickly that summer will come.

COIN MCCONNELL/TORSTAR NEWS SERVICE

News in brief

GANG TRIAL Hells Angels member Paul Fontaine was found guilty yesterday in Montreal of killing a prison guard and trying to kill another guard in 1997. Fontaine is expected to appear in court on Feb. 6 to learn the date of his sentencing hearing. He faces life in prison and won't be eligible for parole for a minimum of 25 years.

METRO NEWS SERVICES

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Obama's half brother calls drug arrest 'misunderstanding'

A Kenyan half brother of U.S. President Barack Obama said yesterday he was briefly arrested on suspicion of drug possession, but called it a "misunderstanding." **REUTERS**

7

World

Israel hits Gaza with air strikes

Israel launched a series of air strikes in the Gaza Strip yesterday, targeting a Hamas security complex and tunnels used to smuggle weapons after vowing a "disproportionate" response to cross-border fire.

The aircraft carried out half a dozen strikes after three Israelis were injured by a mortar salvo, including two soldiers and the first Israeli civilian hurt since a Jan. 18 truce ended Israel's 22-day offensive in the coastal enclave.

There were no reported

casualties in the air attacks. Five of the strikes targeted tunnels along Gaza's border with Egypt, used to smuggle weapons into the coastal enclave, in a zone known as the Philadelphi corridor.

A further Israeli attack was on a security headquarters in a village in central Gaza that residents said had been vacated after Israel telephoned warnings to Palestinians to leave buildings that housed any weapons.

An Israeli military statement said that "in re-

sponse to rocket and mortar fire today, the air force has attacked a number of targets in the (Gaza) Strip, including six tunnels and a Hamas position." Hamas said five tunnels had been bombed.

Israel's renewed air strikes came as its leaders took a hard line against rocket fire from Gaza ahead of a Feb. 10 election, which opinion polls predict right-wing leader Benjamin Netanyahu, who favours a tougher stance toward Hamas, will win.

REUTERS

South Korea Rally over fire deaths



A protester, left, scuffles with riot police during an anti-government rally in central Seoul yesterday. Thousands of people rallied to denounce South Korean President Lee Myung-bak and to mourn for victims of a fire that killed six people after authorities attempted to break up a protest.

Republicans want stimulus changes

SENATE Senior Republican senators warned yesterday their party was unlikely to back U.S. President Barack Obama's economic stimulus bill without changes to cut waste and to ensure the \$819-billion US package promptly boosts the U.S. economy. Senate Minority Leader Mitch McConnell said he doubted the economic stimulus bill can pass the Senate in its current form.

REUTERS

Women's rights activists detained in Iran: Supporter

ARRESTS Iranian police have detained three women's rights activists, the latest in dozens of such arrests over the last few years in the Islamic republic, a fellow campaigner said yesterday.

They were seized in the mountains north of Tehran on Friday when collecting signatures in support of a campaign seeking changes to legislation which ac-

tivists say discriminates against women. Iran rejects accusations of bias.

Sussan Tahmasebi, a leading member of the campaign, said one of those held was accused of spreading propaganda against the state.

A second detainee was released on Saturday, and the third was likely to be released yesterday, she said.

REUTERS

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Faith to fight through winter

HineSight

Anne Hines



The midpoint of winter. Halfway between, "I can't believe it's snowing already" and "I can't believe it's snowing still." The stage of winter when we're so desperate and addled we conscript small furry animals to predict the weather.

I'm one of those who find winter particularly difficult. I suffer from SAD — Seasonal Argumentative Disorder. February makes me testy.

For instance, this morning I was at the gym, on the treadmill, singing my tunes. I love my tunes. To me, all of humankind's

technological advances were simply leading to that one glorious triumphant moment when someone created the iPod Shuffle.

My partner, Liz, thinks I should alter my mode of singing on the treadmill to either "on key" or, "so every person in the gym doesn't have to listen to you." But really, what could be more delightful than exercising to the sound of me belting out Faith Hill? The problem comes with my accompanying dance moves. At the point I get the treadmill

cranked over six kilometres per hour, it's hard to tell if I'm dancing or having a seizure. My fellow gym

members are tired of having their workouts interrupted by anxious gym staff trying to clap me with a defibrillator.

Anyway, this morning, I'm singing and dancing on the treadmill, care-free as a groundhog without a TV contract. A fellow gym patron comes over and sort of stands beside me. I begin to think, "Perhaps she wants something. Perhaps I should ask."

I remove my earphones, feeling very sorry for the people around who were no doubt looking forward to hearing me hit the high note ... almost. I say, "Yes?" She says, "Um, I'm sorry to bother you, but I was wondering if you'd mind not singing quite so loudly."

I think, "Can you believe how rude?"

Now, normally I'm prepared to go to any lengths to make someone else happy.

Unless it's a lot of trouble. But at that moment, I hit the mid-winter-insanity wall. I was in the grips of Seasonal Argumentative Disorder.

Me: Oh dear. You don't like Faith Hill?

FGP: I do ... it's just ...

Me: Most people like Faith Hill.

FGP: I do ... but I like to be quiet and ...

Me: I also have John Denver. Would you prefer John Denver?

FGP: No, no ...

Me: You prefer Faith Hill.

FGP: Well, yes ...

Me: No problem.

I clapped my earphones back on. She's going to love it when I get to Dancing Queen.

Anne Hines is an author and humour writer. She has written three novels and one collection of nonfiction humour.



Worth Mentioning

Switching jobs in recession may prove sound strategy

With layoffs happening all around her, automotive worker Ellen Whittington is doing what many worried Americans are doing: Trying to find a safer, better job before she loses the one she has.

Strange as it may seem, changing careers or trying to upgrade jobs amid a recession and millions of layoffs may be just the thing to do — to jump before you get pushed.

"Some organizations use downturns to go out and capture the top talent in the industry from competitors that are hurting," said Peter Stark, business consultant and author of the forthcoming book *Engaged: How*

Leaders Build Organizations Where Employees Love to Come to Work.

"They go after people who would be laid off and considered tops in their industry, but also people who are still working," he said.

Whittington, 32, has updated her resume on online recruiting site Monster.com and is discretely but doggedly networking to find a way into an industry that has a more stable future than the devastated U.S. auto sector.

"It's pretty much an open secret. Everyone is looking," said Whittington, who works for a German automotive company in Cincinnati.

REUTERS

Quote of the Day

"I'm 23 years old, and despite the successes I have had in the pool, I acted in a youthful and inappropriate way."

— Eight-time Olympic gold medallist Michael Phelps apologizing after a British newspaper published a photograph purportedly showing him smoking marijuana.

REUTERS

Views

Crisis fuels applications for school bus drivers

InTransit

Chris Phalen



calgaryletters@metronews.ca

My wife and I got home from a Tuesday evening grocery extravaganza to be met in our ridiculously slow condo elevator by a woman wearing a Southland Transportation fleece.

I recognized the logo and considering my weekly endeavour with Metro, more specifically this column, I naturally engaged her in some small talk.

I made a simple statement about ongoing staffing issues and asked if the current economic collapse might bring in more would-be job seekers.

Her answer was to the point, as she wishfully re-

sponded, "Well, we're hoping."

A quick call to Southland head office, and a revealing conversation with June Read, the assistant manager in customer service, confirmed that indeed more people were applying due to "circumstantial life events" related to the economic downturn.

Good for Southland, good for Calgary kids.

Southland has been often swarmed in the past by news-hungry journalists bounding to report how horrible the school bus system is in Calgary, but I think the drivers and company responsible for the well-being of our kids in transit deserve a bit more credit.

We always hear stories of kids waiting hours for the bus in -40 C temperatures, or buses not showing up at all, and these issues, rightfully so, are deserving of criticism, but are addressed best

"(June) Read says Southland loses 25 per cent of its staff every year, and it struggles to keep up with a city constantly on the rise."

as can be, considering supply will never meet demand.

We never hear about the veteran bus driver with 15 to 20 years behind the wheel who has devoted his life to the safety of children simply for the love of his job and the sacrifice of full-time employment.

There isn't a job that connects you more directly to the community than being a school bus driver, according to Read.

But, offering only part-time work, split shift hours, and Calgary Transit itself

who poaches Class 1 drivers away from private busing companies (after those same companies have trained new drivers for free) with the nuances of full-time employment, bubbling benefit plans and pensions, has transport companies like Southland forever scrambling. Read says Southland loses 25 per cent of its staff every year, and it struggles to keep up with a city constantly on the rise.

The school boards have been gracious in their attempts to attain new and retain existing drivers by amending contracts to inflate driver wages specifically, but school bus transportation will forever be a feeder system to municipal transportation services and mired in labels of part-time only.

Chris Phalen is a past contributor to Avenue magazine. He has also contributed to the Prince Albert Daily Herald, Globe and Mail and various magazines.

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TORSTAR NEWS SERVICE

Going Green

EDITOR: MIKE DEREZYCKY, MIKE.DEREZYCKY@METRONEWS.CA

World Wetlands Day

As the rest of Canada waits to see if the groundhog spots his shadow, the Nature Conservancy of Canada (NCC) is proudly marking World Wetlands Day today. Canada is home to nearly 25 per cent of wetlands in the world and the NCC, as this country's leading conservation organization, has been working since 1962 to protect these unique and rich habitats.

METRO NEWS SERVICES

Fuel sources are a burning issue

EarthTones

Sophia Dore & Andrew Laursen



earthtones.metro@gmail.com

What to burn, what to burn? Coal, that one-time wonder rock has lost our love, being named environmental enemy No. 1 by Economist magazine in 2002.

As older coal-burning plants around the country age, they will need to be replaced or upgraded to handle more capacity and to reduce their environmental impacts. We know coal power is dirty power, but the cost and opposition to nuclear power have delayed new projects, and even renewable power projects like wind farms routinely face opposition. While we dislike coal, we seem much more comfortable with the idea of burning something, rather than we are with alternative

technologies. We will have a hard time letting go of coal until we change our perception of alternate technologies or find something better to burn.

Some coal-fired plants are now experimenting with burning wood chips. Results of pilot projects seem promising; energy production has not suffered and wood pulp produces less sulfur and NOx emissions. The idea is a political winner. The long suffering forestry industry in Canada could find a new life as an energy provider. The projects have been touted as carbon neutral (which is a farce, but that's a discussion for another day). However, burning new plant biomass instead of coal is worth exploring.

But if you like the idea of using wood, you should love this. Garbage! Many of you are appalled. But think about it. We have this vast source of energy that we keep on generating. We have the infrastructure to collect and transport it. We are already investing the energy to do so. And then we bury it!

Meanwhile, we spend lots of money and energy



Ideas like pulping paper, pelletizing it and burning it as fuel may offer another source of energy in the future.

to unbury coal and oil. For many, burning garbage is distasteful. It conjures an image of black smoke pouring out of stacks, but modern incinerators with high-temperature combustion are much more benign. It's arguably more

distasteful to spend energy burying it when it could be used.

And if you turned up your nose at the incinerator, here's one you'll really dislike. But give it some thought. We spend a fortune de-inking recycled pa-

per, generating a lot of wastewater that must be treated (requiring still more energy). We still end up with pulp that is marginal for recycling. With few exceptions, recycling content never exceeds 30 per cent. Think about that.

You are doing your part, separating and recycling paper. You try to buy responsibly, yet the best you are likely to get is 30 per cent recycled content because the rest cannot be de-inked. We might be better off scrapping paper recycling.

Instead, we might pulp that paper, pelletize it and burn it as fuel. We'd cut down on water pollution from de-inking and virgin pulp that needs far less bleaching. Like using wood pellets, this would be a boon to forestry. And if you liked the idea of using wood instead of coal, should it matter to you that you've written on that wood first?

We need to set aside biases and personal taboos and consider if it makes sense to use these other fuel sources. And if you are now thoroughly disgusted with the idea of burning anything, maybe we've opened you up to the idea of wind farms and nuclear plants. Either way, it's progress.

Sophia Dore is an environmental scientist with Conestoga-Rovers & Associates. Andrew Laursen is an assistant professor at Ryerson University.

Denmark PM urges countries to cut greenhouse gases

CLIMATE Denmark's prime minister called on rich and poor countries alike to commit to big cuts in greenhouse gas emissions, ahead of key year-end talks on a new climate treaty he will host in Copenhagen.

Hopes that a deal may be possible have increased since the election of what many see as a green U.S. president and business is increasingly enthusiastic about the opportunities thrown up by climate change.

REUTERS

"It is essential to engage heads of state and government stronger in the whole process to ensure a positive result in Copenhagen," Anders Fogh Rasmussen told the annual meeting of the World Economic Forum in Davos, Switzerland, late last week.

Business leaders meeting in the Swiss ski resort this week have called on governments to create certainty on the climate issue so they can plan for the future.

REUTERS

News in brief

ATMOSPHERE The United States will launch a satellite later this month to measure carbon dioxide in the atmosphere and to determine what happens to the climate-changing pollutant, NASA said. Measurement of the gas outside Europe and the United States is spotty, NASA

researchers said. After vehicles and factories release carbon dioxide into the air, the world's oceans and land absorb much of it. But scientists cannot figure out where the remaining carbon dioxide goes, a detail critical to forecasting the speed and reach of pollution's effect on climate.



SMALL STEPS by David Suzuki

Turning your life green

Most of the laundry soaps you'll find in grocery stores are filled with synthetic dyes, overwhelming perfumes and petroleum-based chemicals that can build up in our bodies and water systems.

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"Try switching to an earth-friendly brand of laundry soap."

with less packaging. For example, a concentrated powder can wash four to eight times as many loads as 10 pounds of a non-concentrated powder. Try a green alternative and you'll never look back.

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Google said that for nearly an hour on Saturday, users got an erroneous message when they did searches on many sites, saying, "This site may harm your computer." On its blog, the company blamed human error. **REUTERS**

Business

EDITOR: FERMIN DESOUZA, FERMIN.DESOUZA@METRONEWS.CA

A little bit of hope may be all it takes for corporations

STOCKS Corporate Canada will likely deliver a wave of dismal earnings reports in coming weeks, but market pros say that could open the door to a stock rally as investors have grown numb to bad news and are ready to pounce on any morsel of optimism.

In an environment where global economies are shedding jobs at an alarming rate, central

banks are slashing lending rates and governments are pumping out bailout plans, it looks like weak quarterly reports might not be spanked as hard as they once were.

That's welcome news for investors still stinging from the \$816 billion that the Toronto Stock Exchange lost last year when the market went into a tailspin.

REUTERS

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Protectionism dominates World Economic Forum

Rising protectionism threatens to deepen the economic crisis and a new trade deal is needed more than ever to keep commerce flowing — on that much trade ministers and political leaders are agreed.

But as so often in the politics of international trade, actions — or lack of them — belie words.

Trade ministers meeting on the sidelines of the World Economic Forum at Davos, Switzerland, over the weekend vowed to treat a deal on the World Trade Organization's long-running Doha round as their highest priority.

And they repeated a promise made by leaders of the G20 rich and emerging nations not to put up barriers to trade.



Pascal Lamy, right, director general of the World Trade Organization, gestures next to Doris Leuthard, Swiss economy minister, during a news conference at the World Economic Forum.

But they did not set a target date for the WTO's 153 members to meet to push for a Doha breakthrough.

And the warnings and promises on protectionism fly in the face of a series of increased duties, reimposed subsidies and non-tariff barriers erected in the past few months.

REUTERS

Honda offers settlement

Honda Canada is seeking court approval to settle three class-action lawsuits with owners of about 900,000 vehicles over allegations of inaccurate odometers that overstate mileage. Honda said it wants to extend mileage on leases and warranties by five per cent and pay for repairs that fall under that extra distance.

TORSTAR NEWS SERVICE

In brief

DEFICIT China swung into a deficit in 2008 after a huge burst of government spending in the year's final weeks to combat the economic slowdown, the Ministry of Finance revealed in data published yesterday. China closed its books on 2008 with an implied public deficit of about 111 billion yuan.

ENGLAND British Prime Minister Gordon Brown yesterday condemned nationwide wild-cat strikes over the use of foreign workers at a time of soaring unemployment, as unions warned more staff may down tools this week.

CAPITAL Rio Tinto is in talks to raise up to \$9 billion US from Chinalco, the state-owned Chinese aluminium company that already holds an 11 per cent stake in the debt-lade miner, media reported without citing sources.

REUTERS

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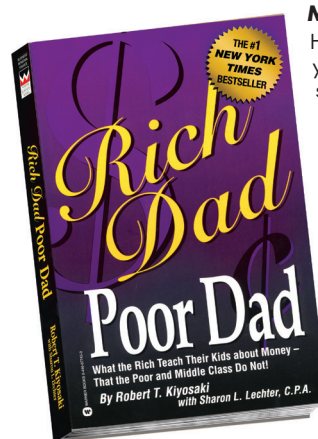
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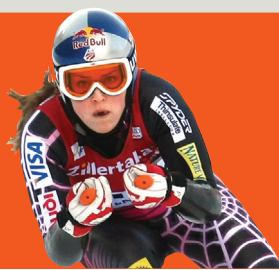


Lakers' Bynum injures knee

Los Angeles Lakers centre Andrew Bynum left in the first quarter of Saturday's win over the Memphis Grizzlies with what the team is calling a sprained right knee. Entering the game, Bynum was averaging 14.2 points and 8.4 rebounds this season. **METRO NEWS SERVICES**

11

Sports



Vonn makes it a double

American Lindsey Vonn, left, had the ideal preparation for the world championships when she won her second race in succession in a super-G in Garmisch-Partenkirchen, Germany, yesterday. The World Cup holder and leader, who won a slalom in the German resort on Friday, clocked one minute 22.16 seconds for her fifth World Cup victory in four disciplines this season. **REUTERS**

SPORTS@METRONEWS.CA

Howard too much for Raptors

NBA RESULT**Orlando 113 Toronto 90**

NBA Dwight Howard finished with 29 points and 14 rebounds, leading the Orlando Magic in a 113-90 rout of the Toronto Raptors at Air Canada Centre in Toronto yesterday.

Mickael Pietrus contributed 22 points off the bench, while Jameer Nelson added 18 points, 10 assists and eight boards for the Magic, who have won three in a row. Rashard Lewis had 15 points and seven rebounds for Orlando, which improved to 18-6 on the road this season.

"I thought we got off to a good start and I didn't think we played well for a good part of the second quarter, but still had the lead and I thought our second half was very, very good," said Magic head coach Stan Van Gundy.

METRO NEWS SERVICES**Sports in brief**

NHL The Toronto Maple Leafs announced Saturday that veteran defenceman Tomas Kaberle is expected to miss at least four weeks with a hand injury. Kaberle suffered the setback during Thursday's 7-4 win over the Avalanche. The 30-year-old blue-liner posted four goals and 30 points in 49 games this season.

NBA Boston Celtics forward Kevin Garnett missed yesterday's game against his former team, the Minnesota Timberwolves, due to the flu. Garnett is averaging 16.3 points and 9.0 rebounds this season. **METRO NEWS SERVICES**

Nadal denies Federer in Oz

Rafa Nadal ground Roger Federer's dreams of a record-equalling 14th grand slam singles crown into dust yesterday, triumphing in a pulsating five-set Australian Open final.

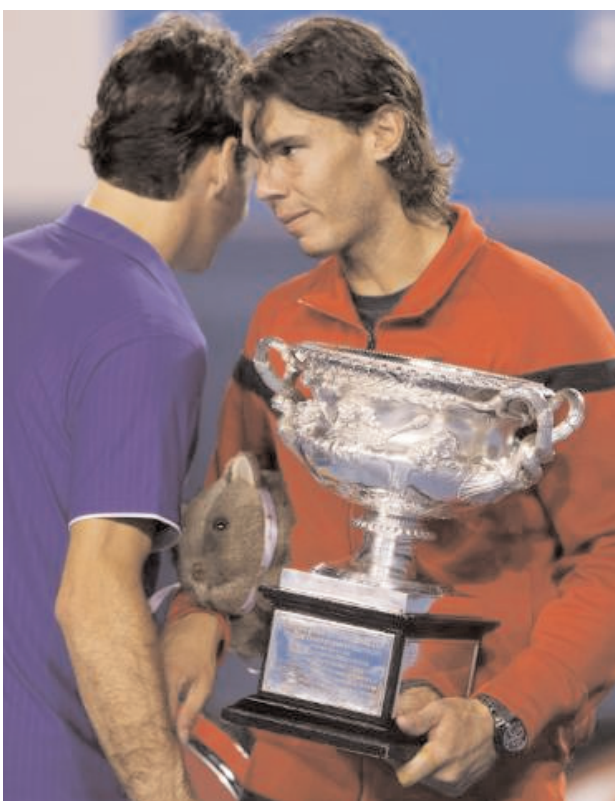
The Mallorcan muscleman added the Melbourne Park trophy to his French and Wimbledon titles with an epic 7-5 3-6 7-6 3-6 6-2 victory under floodlights, a victory which pierced Federer's heart and left the Swiss in tears.

While Nadal cradled the silverware — the first Spaniard to do so in Melbourne — Federer broke down, unable to address a crowd which was giving him a standing ovation.

Nadal put his arm around his great rival before delivering an epitaph fitting such a momentous match.

"Sorry for today, I really know how you feel right now is really tough," the world No. 1 told the man whose top ranking he seized. "But remember, you are a great champion and you're one of the best (in) history."

So, too, must be Nadal



Rafael Nadal, right, talks with Roger Federer after winning the men's singles final at the Australian Open yesterday.

who has, at the age of 22, won slams on all three surfaces — grass, clay and hardcourts — a feat Federer, who has lost in three French finals to the

Spaniard, has failed to do. "I love this game," Federer said, disconsolate under a baseball cap bearing his initials. "It means the world to me, so it hurts

when you lose. I had many chances. I missed them and they cost me dearly. It was a tough match. I don't think I served particularly well, unfortunately. I think that was the key to the match in the end."

Yesterday's final was the one everybody had wanted to see. A fully-fit Federer against Nadal on a surface which favoured neither man. It lived up to the hype.

It was the first five-set final here in 21 years and so close was the contest that Federer actually won more points in the match — 174 to Nadal's 173. It was the Spaniard, though, who clinched the key ones.

• Serena Williams crushed Dinara Safina 6-0, 6-3 to claim the women's title.

• American twin brothers Mike and Bob Bryan beat Mark Knowles and Mahesh Bhupathi 2-6, 7-5, 6-0 to win the men's doubles title.

• The Williams sisters, Serena and Venus, beat Ai Sugayama and Daniela Hantuchova 6-3, 6-3 in the women's doubles finals.

METRO NEWS SERVICES

Ovechkin pulls trick out of hat against Sens

NHL ROUNDUP

HOCKEY Alex Ovechkin recorded his seventh career hat trick as the Washington Capitals defeated the Ottawa Senators 7-4 yesterday at Washington.

The reigning MVP, Ovechkin recorded his second straight multi-goal game and is vying to become a two-time winner of

the Rocket Richard trophy, leading the league in goals with 36.

Mike Green registered a goal and three assists for the Capitals, who were coming off an impressive 4-2 win over the defending Stanley Cup champion Red Wings on Saturday. Nicklas Backstrom had a

goal and an assist, while Sergei Fedorov collected three helpers.

Predators 2 Oilers 1 — At Edmonton, Pekka Rinne was sensational between the pipes, stopping 32-of-33 shots, as Nashville hung on to beat Edmonton 2-1.

Martin Erat and J.P. Dumont tallied for the Preda-



Alex Ovechkin

tors, who bounced back from a 3-1 setback to Calgary on Friday night.

Bruins 3 Canadiens 1 — At Montreal, Tim Thomas made 27 saves and Boston defeated Montreal 3-1 in an Original Six matchup.

Dennis Wideman and Shawn Thornton scored for the Bruins, who have won four of their last five games.

METRO NEWS SERVICES

Perry claims title on third playoff hole

GOLF PGA Tour veteran Kenny Perry shrugged off the disappointment of a bogey on the 72nd hole to win the Phoenix Open in a sudden-death playoff with fellow

American Charley Hoffman yesterday.

Both players bogeyed the first extra hole and parred the second before Perry coolly rolled in a 22-foot birdie putt at the third to clinch his 13th Tour title at the TPC Scottsdale.

Hoffman, whose sole victory on the PGA Tour came at the 2007 Bob Hope Classic, had to settle for second place after driving into a plugged lie in a fairway bunker and missing his birdie attempt from 34 feet.

The duo had finished the 72 regulation holes at 14-under-par 270, overnight leader Perry closing with a two-under 69 and Hoffman carding a seven-birdie 67.

"The playoff was ugly," Perry told reporters after earning the winner's cheque for \$1.08 million US. **REUTERS**



Kenny Perry

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Smith, Woodson headed to football hall of fame
Bruce Smith, an all-pro defensive end with the Buffalo Bills, and longtime Pittsburgh Steelers defensive back Rod Woodson are among the six new members of the Pro Football Hall of Fame. Derrick Thomas, Randall McDaniel, Bob Hayes and Buffalo Bills owner Ralph Wilson Jr. are the other new members. METRO NEWS SERVICES

Super Bowl XLIII

Steelers squeak past Cards

Pittsburgh defence fails late, but Roethlisberger rallies the troops

NFL RESULT

Pittsburgh 27 Arizona 23



The Pittsburgh Steelers' rich tradition always began with physical, intimidating defence.

Last night, not so much.

En route to capturing their record sixth NFL title, the Steelers' defence broke down conspicuously in what irrefutably will rank as the most memorable, most unlikely and most spectacular fourth quarter in the Super Bowl's 43-year history.

Ultimately, it was the Steelers' offence that needed to win this championship, as quarterback **Ben Roethlisberger** engineered a 78-yard, eight-play touchdown drive for a 27-23 come-from-behind triumph over the heartbroken Arizona Cardinals.

The game-winning TD was a doozy — a six-yard bullet, with only 35 seconds remaining, from Roethlisberger to receiver **Santonio Holmes**, who neatly kept both his feet in the end zone before being belted to the ground out of bounds. Holmes also was chosen the game's most-valuable player.

"I told the guys (in the huddle) that it was now or never," Roethlisberger said. "I said, 'All the film study didn't matter unless you do it now,' and we did. I was really proud of (his offensive teammates) the way we went down and scored."

Realistically, however, it should never have come down to that.

The Steelers were ahead 20-7 after three quarters, primarily because its No. 1-ranked de-



Pittsburgh Steelers wide receiver Santonio Holmes catches the game-winning touchdown pass during the dying seconds of the fourth quarter of Super Bowl XLIII in Tampa, Fla., last night.

fence was its usual brilliant self.

Pittsburgh linebacker **James Harrison**, chosen the NFL's premier defensive player during the regular season, even intercepted a pass on his team's goal line on the final play of the first half and romped 100 yards for the longest touchdown in Super Bowl history. That gave the Steelers a 17-7 advantage.

YorkReport

Marty York

marty.york@metronews.ca

tage.

But in the fourth quarter, veteran Arizona quarterback **Kurt Warner** started to dissect the Pittsburgh defence like a surgeon, eventually finding **Larry Fitzgerald** for a 64-yard touchdown pass. With 2:37 left, the Cardinals — 60-to-1 championship long shots when the NFL season began — suddenly took their first lead.

"Steelers football is always 60 minutes long. It's never going to be pretty. Throw style points out the window when it comes to us. But we fight to the end, and we win."

Mike Tomlin, Pittsburgh head coach

"What I thought at the time (of Fitzgerald's long TD) was that there was still too much time left," Cards coach **Ken Whisenhunt** said. "The Steelers were able to make the plays. That's what good teams do."

Steelers coach **Mike Tomlin** concurred.

"Steelers football is always 60 minutes long," Tomlin said. "It's never going to be pretty. Throw style points out the window when it comes to us. But we fight to the end, and we win."

"Our team did a marvelous job," club owner **Dan Rooney** said.

"We had the toughest schedule in the league and we prevailed ... I'd like to thank President (Barack) Obama and the

Steeler Nation for supporting us."

Obama said before the game that he was rooting for the Steelers even though he had a soft spot for Warner because of his age. Warner is 37. He also is at the end of his contract and, after completing 31-of-43 passes for 377 yards and three touchdowns last night, is contemplating retirement.

"I'll see," he said. "I have some time to think about it. Right now, though, I'm just thinking about how close we came to winning this. And, obviously, I'm disappointed."

Marty York has been a groundbreaking sports columnist and broadcaster in Canada for decades.

Super Bowl

By the numbers

SCORING DRIVES

Pittsburgh 3-0

• First Quarter 9:50: After a Steelers touchdown is called back Jeff Reed kicks 18-yard field goal for Steelers after 71-yard drive.

Pittsburgh 10-0

• Second Quarter 14:09: Gary Russell caps 69-yard Steelers drive with one-yard rushing touchdown.

Pittsburgh 10-7

• Second Quarter 8:43: Arizona's Kurt Warner throws one-yard touchdown pass to Ben Patrick after 83-yard drive.

Pittsburgh 17-7

• Second Quarter 0:18: Steelers' James Harrison returns interception 100 yards for touchdown.

Pittsburgh 20-7

• Third Quarter 2:16: Reed kicks another field goal for the Steelers after 79-yard drive.

Pittsburgh 20-14

• Fourth Quarter 7:41: Warner connects with Larry Fitzgerald for a one-yard touchdown after 87-yard drive.

Pittsburgh 20-16

• Fourth Quarter 3:04: A holding penalty on Justin Hartwig in end zone results in the Steelers giving up a safety.

Arizona 23-20

• Fourth Quarter 2:47: Fitzgerald scores on another reception from Warner, this time for 64 yards.

Pittsburgh 27-23

• Fourth Quarter 0:42: Santonio Holmes catches six-yard touchdown pass from Ben Roethlisberger to put Steelers up for good.

TOP PERFORMERS

Passing

• Warner, Arizona: 31 for 43, 377 yards, 3 touchdowns, 1 interception
• Roethlisberger, Pittsburgh: 21 for 30, 256 yards, 1 touchdown, 1 interception

Rushing

• Willie Parker, Pittsburgh: 19 carries, 53 yards
• Edgerrin James, Arizona: 9 carries, 33 yards

Receiving

• Holmes, Pittsburgh: 9 receptions, 131 yards, 1 touchdown
• Fitzgerald, Arizona: 7 receptions, 127 yards, 2 touchdowns
• Anquan Boldin, Arizona: 8 receptions, 84 yards
• Steve Breaston, Arizona: 6 receptions, 71 yards
• Heath Miller, Pittsburgh: 5 receptions, 57 yards

Ben Roethlisberger

Bills set to face Titans in Hall of Fame Game

The Buffalo Bills and Tennessee Titans will open up the NFL's celebration of the AFL's 50th anniversary when the teams play in the Hall of Fame Game in Canton, Ohio, on Aug. 9, the league announced Saturday. **METRO NEWS SERVICES**

sports **13****Super Bowl XLIII**

The Boss still knows how to rock

Springsteen and the E Street Band put on a Super Bowl halftime show to remember

NATALIA MANZOCCO
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Rock legend Bruce Springsteen's halftime performance at yesterday's Super Bowl was heavily hyped by sports nuts and rock fans alike.

And the Boss delivered, with a blistering set of mostly old favourites — but for many, the fun was drained from his performance before the stage lights even came on over Springsteen's E Street Band.

In the days leading up to the game, online oddsmakers were hard at work handicapping potential playlists from the New Jersey native's 30-year career of hit singles. Rolling Stone magazine, acting on insider info, hinted on its website that Springsteen's picks were none of the ones favoured, and the plays were axed.

For those without money riding on the 12-minute performance, it

"Put down those chicken fingers and turn your TV all the way up."

Bruce Springsteen

was a treat. After bellowing at viewers at home to "Put down those chicken fingers and turn your TV all the way up," Springsteen broke out hits Born To Run and Glory Days, the latter of which was met by massive cheers and dutifully amended to mention a friend who "was a big football player back in high school."

Springsteen also found room for a new song — the title track from his latest album, Working On A Dream, which seemed as obligatory a halftime move as the showy gospel choir Springsteen brought in to accompany it.

But the highlight of the show was a pick none



Legendary rockers Bruce Springsteen and the E Street Band perform at the halftime show during Super Bowl XLIII last night at Raymond James Stadium in Tampa, Fla.

of the oddsmakers saw coming: A rollicking opening performance of Tenth Avenue Freeze-Out, which saw 59-year-old Springsteen dashing

across the stage, jamming his microphone into the audience, and knee-sliding straight into a camera-man's lens.

Also a disappointment

to the online betting crowd: Springsteen's wife and backing guitarist Patti Scialfa, despite two-to-one odds, did not suffer a Janet Jackson-style "ward-

robe malfunction," nor did the Boss reprise the ending of his Dancing in the Dark music video by pulling Courteney Cox out of the crowd.

Singer Jennifer Hudson sang the American national anthem before Super Bowl XLIII. It was Hudson's first public appearance since the murders of her mother, brother and seven-year-old nephew in October.



Sights and sounds of the Super Bowl



Clockwise from top left: Capt. Chesley B. Sullenberger III, left, and the US Airways Flight 1549 crew were honoured before the game; Pittsburgh Steelers fan David Neft shows his team spirit; Arizona Cardinals fans also went all out to show their team support; Arizona fans wear Pat Tillman jerseys. Tillman is a former Cardinals player who died serving his country in Afghanistan.

Workology



Odd Jobs online

Check out Diane Peters' latest Odd Jobs column on an animal wrangler — the person behind all those 'acting' animals on screen. See Metronews.ca/oddjobs.

EDITOR: DOUGLAS DUNLOP, DOUGLAS.DUNLOP@METRONEWS.CA

Are green burials the wave of the future?

Curtain Call

NOELLE MUNARETTO
for Metro Canada



Imagine a traditional North American burial and you're likely to think of everything from a thick, lacquered casket to a heavy tombstone. In reality, however, this form of interment is a relatively new concept considering our ancestors once buried the dead in an incredibly natural fashion.

Following this idea of returning a body to the earth in its most pure form, natural or green burials have become increasingly popular in both Canada and The United States after enjoying great success in The United Kingdom.

Royal Oak Burial Park in Victoria B.C. is the province's largest municipal cemetery and the first in Canada to have opened a natural burial site. Stephen Olson, the executive director of Royal Oak explains that after being approached by local citizens who desired natural burials, in 2006 the cemetery made a commitment to the community to open a site in the next two years.

Olson says the feedback



Modern burial practices are a relatively new concept considering our ancestors once buried the dead in an incredibly natural fashion.

he received to the decision was astounding.

"As soon as we were definitely going ahead with this, the amount of interest and amount of calls I got from local people was incredible. I've never seen anything like that in this business," he says. "For people, the environment and the ecology and their awareness of them has increased exponentially over the past few years."

The natural interment zone, known as the Woodlands, officially opened in October 2008 and holds space for 255 graves sites on a third of an acre. Though specific green burial methods may vary depending on the region, the common goal is to let the body de-

compose naturally.

At Woodlands, bodies are not treated with harsh embalming chemicals and are wrapped in natural fabric. The bodies are then placed in a biodegradable container that could be made out of materials such as wicker or sustainable wood. After the body is buried without a grave liner, there are no markers or other items allowed directly on the grave. Instead inscriptions will be made on five large memorial boulders that are located around the Woodlands periphery.

"What we're trying to do here is essentially match the ecosystem with where the burial plots are located," says Olson, who adds that plant species native to Vic-

toria will be used to help reforest the Woodlands site.

Mike Salisbury, the executive director of the Natural Burial Co-operative in Canada, envisions that by following a green burial model, the cemeteries of the future will actually resemble lush forests and family-friendly parks.

Since Salisbury says more people in Ontario are interested in pursuing this type of burial, the cooperative is currently working to obtain land in the province for a green site.

"What this is for people is a sense of value. They look at the conventional process and options and they don't see value in them," says Salisbury. "The whole circle of life thing is really what people get. There's something that feels good about allowing the circle to complete, and reaching a logical end."

Farewell to a feature

It's been an interesting ride for the Workology section this last month. I hope our readers enjoyed reading our special Curtain Call series as much as we enjoyed writing and producing it. Some series highlights:

• **HOMICIDE: LIFE ON THE STREET:** The feature on the life of a homicide detective.

• **ASHES TO ASHES:** The story of the life of a crematorium operator.

• **DEAD, BUT HOW?:** An in-depth look at the amount of training and experience it takes to become a forensic pathologist.

The entire Curtain Call series is available at metronews.ca/work.

We here on the Metro Workology team hope that we've informed all our readers about some of the interesting, unique and lucrative career opportunities that you may have never fathomed. Please enjoy the feature piece on this page; a way of giving Curtain Call its own burial.

—DOUGLAS DUNLOP (EDITOR)

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Madonna gets custody of kids

A London judge has given Madonna temporary permission to move her two sons with ex Guy Ritchie to New York City. The U.K. Evening Standard reports the custody agreement will be made permanent within the next 14 days. [USMAGAZINE.COM](#)

Entertainment

EDITOR: DEAN LISK, DEAN.LISK@METRONEWS.CA

RAFAEL BRUSILOV
for Metro Canada

Whether you've got skeletons in your financial closet or just need a little guidance, Alison Griffiths wants you to let it all out on-air.

Griffiths, a financial journalist and host of W Network's *Maxed Out*, will host *Dollars & Sense*, a live call-in show aimed at making money less intimidating by discussing it in a casual, live setting.

"This isn't the business channel — this is me at your dining room table," said Griffiths.

She promises the call-in format will lead to highly specific and practical advice.

"It's an objective forum where people can exchange



Alison Griffiths hosts *Dollars & Sense* on VIVA and W Network.

ideas. There'll be a lot of depth to it and a lot of very specific information and tips," Griffiths said.

The premiere episode hopes to hit back at the financial crisis by featuring Philip Brown of Credit

Canada doing a primer on how to get out of debt, while other weeks will have similar experts taking calls on everything from taxes and savings to RRSPs and investments.

Callers will have an op-

portunity to ask tough questions and share their own misadventures in a constructive setting meant to get at the root of money problems.

"The problem with money is many times we don't learn from our mistakes because we don't know what the lesson was," she said.

Understanding what you did wrong financially can be difficult because, as the recent market meltdown has shown, the inner workings of money can be far more labyrinthine than most people imagine.

"There's nothing more confusing than money. It's so complicated that even the experts don't understand it," Griffiths said.

Dollars & Sense premieres tonight on VIVA and W Network.

Director Boyle wins guild award

Danny Boyle, whose rags-to-riches romance *Slumdog Millionaire* has won over U.S. audiences, was named best director by the Directors Guild of America Saturday, cementing the movie's position as the Oscar front-runner.

The win put a positive end to a week of controversy for the film that tells of a young Indian boy raised in the slums of Mumbai who goes on to compete for a fortune on a TV talk show and, in the process, also tries to win the girl of his dreams.

Slumdog has met with praise in the United States, but in India it has sparked some protests over its depiction of people who live in Indian slums.



Director Danny Boyle

On Saturday, controversy seemed far from British director Boyle's mind when he accepted the Directors Guild honour. He talked of achieving dreams and challenged the other film and television makers in the room to press on with work in which they believe.

"If I can get here, you can," he said as he accepted the trophy. "Dream kind and dream hard." **REUTERS**

In brief

Estimated ticket sales for Friday through Sunday at U.S. and Canadian theatres:

1. Taken: \$24.6 million US
2. Paul Blart: Mall Cop: \$14 million
3. The Uninvited: \$10.5 million
4. Hotel for Dogs: \$8.7 million
5. Gran Torino: \$8.6 million
6. Slumdog Millionaire: \$7.7 million
7. Underworld: Rise of the Lycans: \$7.2 million
8. New In Town: \$6.8 million
9. My Bloody Valentine: 3D: \$4.3 million
10. Inkheart: \$3.7 million

REUTERS

IntelleVision

Rick McGinnis

Read it at metronews.ca

GlobalStyle

Kenya Hunt

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| CA | Vu | SC | 7:00 | 7:30 | 8:00 | 8:30 | 9:00 | 9:30 | 10:00 | 10:30 | 11:00 |
|---------------|-----|-----|----------|--|---|--|------------------------|----------------------------------|------------------------------|----------------------------|-------------------------|
| 2/2/09 | 267 | 351 | - ACCESS | Truth, Duty, Valour | Medium "Soul Survivor" | | Gossip Girl (HDTV) (N) | | Smallville "Power" (N) | | Truth, Duty |
| | 243 | 317 | 3 CFCN | etalk | Hollywood | CSI: Miami (HDTV) (N) | Big Bang Th | Gary Unmarr | Two/Half Men | Corner Gas (N) | News (N) |
| | - | - | 4 OMNI | Two/Half Men | The Simpsons | News | | | The Simpsons | King | Metropia |
| | - | 371 | 5 KXLY | 4 News at 6 | 4 News at 6:30 | Entertainment | The Insider (N) | | | | True Beauty |
| | 245 | 306 | 6 CBRT | Coronation St. | Jeopardy! (N) | Little Mosque | Sophie | | | | The Hour |
| | 244 | 338 | 7 CICT | ET Canada | Entertainment | Heroes (HDTV) (N) | | | CBC News: The National | | News Hour |
| | 246 | - | 8 CKAL | Law & Order: SVU | | True Beauty (N) | House (HDTV) (N) | | 24 (HDTV PA) (N) | | Your City |
| | 119 | 705 | 9 CBXFT | Virginie (SC) | Les Parent | L'Auberge du chien noir (SC) | Les Boys (SC) | Tout sur moi | Le Téléjournal et Les Nou | | TJ Alberta |
| | - | - | 10 SHAW | (6) Local Programming | | | | | Local Programming | | |
| | - | 372 | 12 KREM | News (N) | Hollywood | The Doctors | Big Bang Th | How I Met | Two/Half Men | Worst Week | CSI: Miami (N) |
| primetime | - | 374 | 14 KSPS | NewsHour With Jim Lehrer | 'Allo, 'Allo! | Steves Europe | Antiques Roadshow (N) | | American Experience (N) | | Forgotten Ellis |
| | 502 | 390 | 15 CBC | CBC News: The National | Global Hunt for Mr. Swirl | | CBC News: The National | | CBC News: The National | | Global Hunt |
| | - | 370 | 16 KHQ | News (N) | Be-Millionaire | Jeopardy! (N) | Wheel-Fortune | | Heroes (HDTV) (N) | | Medium |
| | - | 373 | 22 KAYU | The Simpsons | Raymond | Two/Half Men | Two/Half Men | House (HDTV) (N) | 24 (HDTV PA) (N) | | News (N) |
| | 297 | 652 | 37 WPIX | One Tree Hill (HDTV) (N) | PIX News at Ten Tong. | | Two/Half Men | Friends | Sex and-City | According-Jim | Frasier |
| | 500 | 500 | 29 CNN | Larry King Live | Anderson Cooper 360 (HDTV) | | | | Larry King Live | | Cooper 360 |
| | 508 | 502 | 31 CNN2 | Lou Dobbs Tonight | Nancy Grace | | Showbiz Tonight | | Lou Dobbs Tonight | | Nancy Grace |
| | 400 | 400 | 21 TSN | NHL Hockey | SportsCentre | That's Hockey! | SportsCentre | Off the Record | Premier League Poker II | | |
| | 408 | 418 | 27 net | Flames Conn | NHL Hockey Calgary Flames at Colorado Avalanche. (Live) | | | | Sportsnet Connected | | Best-Sports |
| | 410 | 403 | 30 SCORE | (7:15) WWE Monday Night Raw | | | (9:15) Score Tonight | | WWE Monday Night Raw | | |
| news | 411 | 457 | 44 OLN | Mantracker | Bounty Hunter | Bounty Hunter | Survivorman | | Mantracker | | Bounty Hunter |
| | 417 | 406 | 48 SPEED | My Classic Car | My Classic Car | Barrett-Jackson | NASCAR Pre. | Pass Time | SuperCars | SuperCars | My Classic Car |
| | 552 | 543 | 20 YTV | Drake & Josh | iCarly | Adrenaline Proj | Prank Patrol | Malcolm-Mid. | Futurama | Prank Patrol | Zixx Level |
| | 557 | 541 | 39 FAM | Zoey 101 | Life Derek | Wizards-Place | Han. Montana | Zack & Cody | Latest Buzz | Wizards-Place | Life Derek |
| | 555 | 545 | 67 TOON | Ben 10 | Johnny Test | Totally Spies | Total Drama | 6TEEN | 6TEEN | Futurama | Punch |
| | 575 | 583 | 11 CMT | Reba | Reba | Hope & Faith | Hope & Faith | Weddings | Hollywood | Home Improve. | Home Improve. |
| | 553 | 546 | 17 TREE | Little Bear | Miss Spider | Comfy Couch | Rolie Polie Olie | Max & Ruby | Babar | Backyardigans | Dora-Explorer |
| | - | - | 18 CHTV | The Insider (N) | E! News | Snoop Father | Snoop Father | The Soup | How I Met | Engagement | Worst Week |
| | 505 | 398 | 19 TWN | (5) EarthWatch One | | EarthWatch One | | EarthWatch Two | | | |
| | 602 | 568 | 23 W | Style by Jury | Style by Jury | Will & Grace | Friends | How Clean | Kim | Love It or List It | Dollars |
| sports | 521 | 560 | 24 TLC | Jon & Kate | Jon & Kate | Jon & Kate | Jon & Kate | Little People | Little People | Jon & Kate | Jon & Kate |
| | 603 | 561 | 25 FOOD | Food Detective | Road Tasted | Hell's Kitchen | | Chef School | Chef School | Challenge | Food Detective |
| | 615 | 520 | 26 A&E | Intervention "Lana" (N) | | Paranormal | Paranormal | Paranormal | Paranormal | Intervention "Janet" | Intervention |
| | 617 | 522 | 32 SHOW | Wife Swap | | The Outer Limits | | Kink in Hair | Kink in Hair | Pure Evil | Rent-A-Goalie |
| | 601 | 562 | 33 SLICE | Tabatha's Salon Takeover | | Project Runway Canada | | ET Canada | Matchmaker | Project Runway Canada | Trading Sp |
| | - | 633 | 34 ENC2 | (6:55) For the Moment ** (1993, Romance) | | | | Ryan's Daughter ** (1970, Drama) | Robert Mitchum, Sarah Miles. | | |
| | 520 | 505 | 35 DISC | Dirty Jobs (N) | | Vermintors (N) | | Daily Planet | | Dirty Jobs | Vermintors |
| | 620 | 523 | 36 BRAVO | Jackie Richardson | | The Jackie Washington Story | | Law & Order | | Without a Trace | Bookfair Murdr |
| | 294 | 650 | 40 WPCH | House-Payne | House-Payne | Welcome to | Welcome to | Family Guy | Family Guy | Seinfeld | American Werewolf-Paris |
| | 626 | 547 | 41 COM | Laughs | Comedy Now | Air Farce | Just for Laughs | | Corner Gas | The Simpsons | South Park |
| family | - | 539 | 42 TCM | Brewster's Mil | It's a Mad, Mad, Mad, Mad World *** (1963, Comedy) | Spencer Tracy, Edie Adams. | | | | You Can't Take It With You | Zach |
| | 628 | 584 | 43 SPIKE | Stripes ** (1981, Comedy) (HDTV) | Bill Murray, Harold Ramis. Premiere. | | | MANswers | | CSI: NY "Heart of Glass" | Disorderly |
| | 522 | 516 | 45 HIST | Underground War | NCIS "Ice-man" | | Battle 360 | | Underground War | | NCIS |
| | 627 | 528 | 46 SPACE | Star Trek: Voyager | Ghost Hunters | | Stargate SG-1 | | Star Trek: Next Gener. | | Trek: Voyager |
| | - | - | 47 AMC | (6) Speechless ** (1994) | | (8:15) Working Girl *** (1988, Romance-Comedy) | Melanie Griffith. | | | The Ghost and Mr. Chicken | |
| | 619 | 525 | 49 TROP | What Happen? | What Happen? | TV Made, Do It | News Show | Tube Tales | E News | Make or Break | TV Made, Do It |
| | 600 | 564 | 50 HGTV | Property Virgin | House Hunters | Ambrose Price | Petal Pushers | Holmes on Homes | | Property Virgin | Income Prop. |
| | 501 | 391 | 52 CTV | CTV Newsnet | | News | CTV Newsnet | | | News | CTV Newsnet |
| | 504 | 508 | 70 BNN | Squeeze Play | | Market Call | | Headline | Market Call | Berman's Call | Money Talks |
| | 526 | 507 | 92 VIVA | Commander In Chief | | Dollars | Body-Evidence | Mediums | In Dreams | Judging Amy | Commander |
| cable variety | 269 | 350 | 93 APTN | MYTV | The Mix | La Voix Mechif | Dancing-Spirit | Nedaa: Your Eye on the Yukon | | Suaangan | Sharing Circle |
| | - | - | 94 MCP | (6:30) News | News | Matchmaker | Mom's-Upset | It Will Be Difficult to Love | | Marimar | Pinoy-Entertain |
| | 571 | 581 | 100 MMM | Don't Forget the Lyrics! | | Don't Forget the Lyrics! | | Where You At | Back In | Party of Five "The Wish" | Don't Forget |
| | 570 | 580 | 101 MM | MuchTopTens | | MuchNews | The NewMusic | MuchVibe | | So You Think You Can Dance | |
| | 581 | 566 | 102 MTV | Bromance | | The City | City Live After | MTV Live | MTV News | | The City |

critics'corner

Dollars & Sense with Alison Griffiths

The host of "Maxed Out" broadens her reach in this new series, in which she takes viewers' calls and answers their money management questions with the help of case studies, guest experts and common sense. While "Maxed Out" focuses on families in debt, Griffiths addresses all kinds of fiscal fitness questions. 8 PM on VIVA; 11 PM on W



MythBusters

Fountains of frothy liquid spouting into the air in graceful arches. And you, too, can make that happen! Just drop Mentos candy into a bottle of soda pop and watch the stickiness fly! In this episode, Jamie and Adam construct an elaborate setup that all starts with a Mentos and soda explosion. 6 PM on DISC

Medium

It's about dead people, but the show isn't dead; it's just been away for a few months. Patricia Arquette returns for a new season as Allison Dubois, the wife and mother who uses her psychic power to help the police solve murders. In this new episode, her visions point her to the victim's former husband, but he's been dead for two years. 8 PM on ACCESS; 11 PM on KHQ

Celebrity Buzz

Restraining order against Spears' ex

DISPUTE Britney Spears' father has obtained new restraining orders against her former manager, her ex-boyfriend and a lawyer, according to court documents filed Friday, people.com reports.

Jamie Spears and lawyer Andrew Wallet, who oversee the singer's affairs as co-conservators, allege the three men "are now working in concert to disrupt the conservatorship with utter disregard for Ms. Spears' health and well being," the papers say.

Spears' father says her cellphone records show "numerous telephone conversations" and text messages with her ex-manager Sam Lutfi and former boyfriend, paparazzo Adnan Ghalib.

"(Britney) innocently informs (Ghalib) of her desti-

nations and that he then arranges for paparazzi to meet and film her to his financial benefit," Jamie Spears says.

"(He) is harmful to Ms. Spears and to her recovery."

Her father also alleges that on Dec. 27 and 28, 2008, Lutfi tried to contact Britney through her hairdresser with the message that Lutfi was not responsible for creating the conservatorship.

He allegedly sent a text message to the hairdresser saying, "I've done every-

thing I can to free her from this. Very close to getting her free now."

The restraining orders forbid Lutfi, 34, and Ghalib, 36, from contacting Spears or coming within 250 yards of her, her property or family members, according to the L.A. Superior Court papers.

Jamie Spears also got a restraining order against lawyer Jon Eardley, who was involved in challenging the conservatorship proceedings.



METRO NEWS SERVICES

Many comment on Jessica's new curves

WEIGHT People.com is reporting the outpouring of support for Jessica Simpson's curves continues.

"She's a gorgeous girl," Carmen Electra told People magazine Friday night at the sixth annual Leather & Laces Super Bowl Party in Tampa about her "good friend" Simpson. "A lot of women would die to look as good

as she looks."

In fact, Electra believes much of the controversy surrounding Simpson, 28, and her curvier body can be chalked up to the outfit she was wearing the day she performed in Pembroke Pines, Fla.

"There's going to be moments where people don't necessarily like your look or what you're wearing, and that's OK," she says. "Next week, she'll rock some outfit that will blow everyone away."



METRO NEWS SERVICES

McCartney still sad over Linda

RELATIONSHIP Paul McCartney still wakes up every morning feeling a "tinge of sadness" at the death of his first wife Linda, femalefirst.co.uk reports.

The Beatles legend is currently dating American socialite Nancy Shevell following a messy public divorce with second wife Heather Mills in 2008.

But McCartney still misses Linda, who died in 1998 after losing her battle with cancer.

He says, "I don't wake up every day with a hole in my heart, but there's a tinge of sadness."



METRO NEWS SERVICES

Did Aniston and Mayer split again?

RELATIONSHIP Either John Mayer has split from Jennifer Aniston or they have a very open relationship, intouchweekly.com reports.

The website says the musician was spotted on an intimate date with a beautiful blond woman at Marix Tex Mex Restaurant in Santa Monica last week. "They were obviously on a date," a source tells In Touch.

"He came in with her another time, too, and I've seen them out together."

While the two keep their romance under wraps, the source says John couldn't

hold back his feelings for her when saying goodbye. "He gave her a long kiss before they left," adds the insider. "John has been here six times in the last two weeks but never with Jen."

Mayer, 31, and Aniston, 39, split last August after dating for several months, but found it difficult to go their separate ways.

The two rekindled their romance in October and in early January, the couple was even seen vacationing together in Cabo San Lucas in Mexico.



METRO NEWS SERVICES

Zellweger's diary wanted in insurance lawsuit

LEGAL TMZ.com is reporting that an insurance company is trying to subpoena Renee Zellweger's diary.

The gossip website reports that back when the Bridget Jones' Diary star was filming Cinderella Man back in 2005, production was delayed

after co-star Russell Crowe stopped the filming dead in its tracks because he dislocated his shoulder.

Because there was a seven-week delay, the production took

longer than expected, and Zellweger had other projects she couldn't do. So the insurance company for the film reportedly negotiated a \$3 million US payout to Zellweger to account for her missed opportunities.

TMZ.com reports that it now seems the insurance company has filed a suit over the whole mess and wants Zellweger to account for her time, presumably to show whether she really suffered a financial loss. No word on whether the judge will grant the request.



METRO NEWS SERVICES

Voight discusses exercise regimen

HEALTH Movie star Jon Voight keeps himself in shape by running backwards, reports femalefirst.co.uk.

The actor father of Angelina Jolie hits the canyons and streets near his Los Angeles home twice a week for a stress-free jog and he thinks that reverse running helps clear his head.

He says, "As you get older, you have to do something to keep yourself fit. You have to watch what you eat and I have a little regimen I do that I don't tell anybody about."

"A couple times a week I go running and I run backwards. I run up hills."



METRO NEWS SERVICES

Model dislikes being objectified

BEAUTY Elle Macpherson hates being looked at, femalefirst.co.uk reports.

The supermodel-and-actress — nicknamed The Body because of her stunning figure — doesn't feel it is healthy to objectify women because of their looks.

She said: "As strange as it might sound, I feel uncomfortable when people look at me. I really don't like it. That's one of the reasons that I've almost never enjoyed catwalks."

"My view is that putting a woman on a pedestal for everyone's enjoyment is not a positive thing at all."



METRO NEWS SERVICES

You could WIN a Soho® Lychee Love prize pack for VALENTINE'S DAY



To celebrate the most romantic day of the year, SOHO® is giving away six (6) Valentine's Day prize packages.

SOHO® is a stylish liquor created with the unique and exotic taste of lychee. The sensual fruit from Asia is considered to be a symbol of romance and love because of the red, heart-shaped appearance.



Prize Pack Includes:

- \$100 gift certificate to a local sushi restaurant
- Japanese Cherry Blossom Pamper pack
- Collection of three (3) romantic movies
- Soho love candle
- And more...

SOHO® Lychee Love

- 1½ oz. SOHO® lychee
- ½ oz. Malibu® rum
- 6 oz. mango or pineapple juice
- 1 dash grenadine syrup

Blend all ingredients except grenadine with ice. Top with grenadine and garnish with a lychee fruit.

Enter online at www.metronews.ca by Monday February 9, 2009 for your chance to win.

No purchase necessary. Must be of legal drinking age to participate. See full contest rules for details. Retail value of prize \$500. Please enjoy our products responsibly.



Andrew Schultz, Weather Specialist – Breakfast Television

"I get to spread the word on how your day, evening or weekend will shape up with our ever-changing weather here in Alberta."

WEEKDAYS AT 6 AM

Take Five

| | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | |
| 11 | | | 12 | | 13 | | | 14 | | | | |
| 15 | | | | | 16 | | | 17 | | | | |
| 18 | | | | 19 | | 20 | | 21 | | | | |
| | | | 22 | | 23 | | 24 | | 25 | 26 | 27 | |
| 28 | 29 | 30 | | | 31 | | 32 | | | | | |
| 33 | | | | | 34 | | 35 | | 36 | | | |
| 37 | | | | 38 | | 39 | | 40 | | | | |
| 41 | | | | | 42 | | 43 | | | | | |
| | | | 44 | | | 45 | | 46 | | 47 | 48 | 49 |
| 50 | 51 | 52 | | | 53 | | 54 | | 55 | | | |
| 56 | | | | | 57 | | | | 58 | | | |
| 59 | | | | | 60 | | | | | 61 | | |

Crossword across

1 Pouch
4 Paintings
7 Jazzy phrase
11 Enthusiastic, and then some
13 Legume
14 Nastase of tennis fame
15 Frost
16 Bill
17 Ball of yarn
18 Office mail receiver
20 Milne bear
22 Tear
24 Vitamin C source
28 Delicate
32 Fracture
33 Entice
34 Tibetan critter
36 Moonstruck state
37 Reserved
39 Dangled a carrot
41 Bicycle parts
43 Combat
44 Ready for the picking
46 Miniature
50 Cohort of Ringo
53 German pronoun
55 Sandwich cookie
56 Stereo hookup
57 Letter after pi
58 Skaters' venue
59 Press clothes
60 Very long time
61 Payable

Crossword down

1 Indian wrap
2 Not "fer"
3 Barber's tool
4 Likely
5 Harvest
6 Forbidden
7 Controversial comedy legend
8 Under the weather
9 "A curse upon thee!"
10 A handful
12 Controversial comedy legend
19 Noon, in a sense
21 Sphere
23 Thickness
25 Tidy
26 Stare
27 Supplemented, with "out"
28 Dud
29 Mysterious character
30 Saharan
31 Consume
35 London's — Gardens
38 Actor Wallach
40 Page in an atlas
42 Steeple
45 Reverberate
47 Crossword diagram, e.g.
48 Options list
49 Oxen's joiner
50 — Beta Kappa
51 Atmosphere
52 E.T.'s vessel?
54 Sweetie

Sudoku

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

| | | | | | | | | |
|---|---|---|---|---|---|--|---|---|
| 5 | 6 | | | 9 | 1 | | | 4 |
| | | | | 5 | | | 6 | 8 |
| | | | | | 6 | | | |
| | 2 | | 7 | | | | | 1 |
| | | 5 | | | | | 8 | |
| | 7 | | | | 9 | | | 5 |
| | | | | | 3 | | | |
| 4 | | 2 | | | 5 | | | |
| 9 | | | 1 | 8 | | | 3 | 6 |

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| S | A | M | B | A | | O | D | D | | S | A | L |
| I | D | I | O | T | | B | A | A | | P | R | O |
| T | O | N | A | L | | J | I | N | G | L | E | S |
| | | | G | R | A | D | E | S | | R | I | T |
| O | W | L | | S | I | C | | O | A | T | E | R |
| H | O | E | S | | S | T | U | D | | | | |
| M | O | S | A | I | C | | N | E | E | S | O | N |
| | | | R | O | O | S | T | | D | I | N | O |
| A | R | G | O | N | | I | T | I | | N | E | W |
| T | H | E | N | | B | E | L | O | N | G | | |
| T | I | N | G | L | E | S | | W | A | L | E | S |
| A | N | I | | Y | E | T | | A | P | E | A | K |
| R | O | E | | E | R | A | | N | A | S | T | Y |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 8 | 4 | 5 | 9 | 2 | 3 | 1 | 6 | 7 |
| 9 | 1 | 2 | 5 | 6 | 7 | 8 | 3 | 4 |
| 6 | 3 | 7 | 4 | 8 | 1 | 9 | 2 | 5 |
| 4 | 5 | 9 | 8 | 1 | 6 | 3 | 7 | 2 |
| 1 | 8 | 3 | 2 | 7 | 4 | 6 | 5 | 9 |
| 7 | 2 | 6 | 3 | 5 | 9 | 4 | 1 | 8 |
| 5 | 9 | 1 | 7 | 3 | 8 | 2 | 4 | 6 |
| 3 | 7 | 8 | 6 | 4 | 2 | 5 | 9 | 1 |
| 2 | 6 | 4 | 1 | 9 | 5 | 7 | 8 | 3 |

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:
Under 13 minGenius
13-17 min.....Scholar
17-21 minSmart
21-25 minNot bad
25+ min.....Keep practising

Spicy chicken fajitas

INGREDIENTS:
2 large skinless chicken breast fillets
1 1/2 tbsp (20 mL) Cajun spice mixture
Tabasco to taste
8 soft flour tortillas
1 papaya
1/4 cup (50 mL) olive oil
Juice of 1 lime
4 cups (1 L) delicate mixed salad leaves

METHOD:
1. Cut chicken breasts lengthwise into eight long strips. Sprinkle spice mixture over plate, add chicken strips and toss to coat. Sprinkle lightly with Tabasco, then set aside 5 minutes.
2. Meanwhile, warm tortillas according to package instructions. Cut papaya in half lengthwise and scoop out seeds, then cut each half into eight slices and peel.
3. Heat 2 tbsp (25 mL) oil in large frying pan. Add coated chicken strips and stir-fry 6 minutes over medium heat. Remove from heat, sprinkle with half of lime juice and toss, scraping residue from pan.
4. Divide salad leaves among warm tortillas. Sprinkle over remaining oil and lime juice, then top with chicken strips and slices of papaya. Season to taste, then roll up loosely and serve at once, two per person.

SERVES 4

rd.ca

For nutritional information on this and other great recipes, go to rd.ca or check out Key Ingredients in this month's Reader's Digest, on newsstands now!

Horoscopes

AVATAR VENUS

ARIES

MARCH 21-APRIL 20

♈

Weariness breeds dismay, so take a different approach. Vexing delays in the discharge of your duties will evaporate.

LIBRA

SEPT 23-OCT 23

♎

A call may alarm you, but nothing can be done right away. Getting back to normal might seem to be impossible. A doleful friend will have a bad case of the blues.

TAURUS

APRIL 21-MAY 21

♉

An exceptional person will make the most of a scary risk. New information can make you feel as if you're out of your depth.

SCORPIO

OCT 24-NOV 22

♏

Your perspective improves after a chat. You'll need a comforting friend, if you're too cranky. Somebody's absence can cause the loss of an opportunity.

GEMINI

MAY 22-JUNE 21

♊

Go to public places if you're looking for action. Flattery will work on those who seem to be immune to it.

SAGITTARIUS

NOV 23-DEC 21

♐

You'll be enthusiastic when you see amazing things. Your boldness will generate a winning scheme. Your personal style brings you good luck.

CANCER

JUNE 22-JULY 22

♋

Surprising news will come through outside sources. You'll get more attention by offering a lifeline to someone.

CAPRICORN

DEC 22-JAN 20

♑

Complicated relationships confuse you and cause delays. A madman is less about talk and more about action. Touching memories are stirred up by a remark.

LEO

JULY 23-AUG 23

♌

When an offer is retracted, a friendship is damaged. Don't explode when a careless outsider makes a blunder.

AQUARIUS

JAN 21-FEB 18

♒

Your determination and honesty are the best way to get ahead. Self-discipline, tact and calmness are needed. A sentimental guy benefits from a tough friendship.

VIRGO

AUG 24-SEPT 22

♍

Go with your gut reaction, if you want to settle a debate. Be very cautious when temptation arises. You'll wonder if someone has your best interests in mind.

PISCES

FEB 19-MARCH 20

♓

Be consistent, if you want to improve your professional appeal. It's important to stay on top of breaking news. Restrain your temper with people who are selfish.

WORDY GURDY®

BY TRICKY RICKY KANE

1. Sign up and pay a church-singing group (1)
2. Every gap in security measures (1)
3. Gaggles of girls on a river embankment (2)
4. Say no to a cereal not for rabbits (1)
5. NYC NBA team's magical feats (1)
6. "All set?" actor Prinze, Jr.? (2)
7. Foul-smelling reasoning (2)

ANSWERS
1. HIRE CHOIR 2. EACH BREACH 3. LEVEE BEY 4. NIX TRICK
5. KNICKS TRICKS 6. READY FREDDIE 7. STINKING THINKING

2-2-09

Every answer is a rhyming pair of words (like FAT CAT and DOUBLE TROUBLE), and they will fit in the letter squares. The number after the definition tells you how many syllables in each word.

This day in history

METRO NEWS SERVICES

FEB. 2, 1653: New Amsterdam (later renamed The City of New York) is incorporated.
FEB. 2, 1922: Ulysses by James Joyce is published.
FEB. 2, 1933: Adolf Hitler dissolves the German Parliament.
FEB. 2, 1940: Frank Sinatra debuts with the Tommy Dorsey orchestra.
FEB. 2, 1971: Idi Amin replaces President Milton Obote as leader of Uganda.
FEB. 2, 1972: The British embassy in Dublin is destroyed in protest over Bloody Sunday.

TELL METRO READERS WHAT YOU THINK

NEW "COMMENT & VIEWS"

Whether you agree or disagree about anything you've read in Metro, we want to know. Send us your views and pick up Metro daily to find out what other Metro readers are saying.

Email your letters to calgaryletters@metronews.ca

metro

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